

How to use GPT-6 and Intelligent UI in ChatGPT (free)

GPT-6 is now the model in the ChatGPT Chat tab, and it is rolling out to Free users from October 8. Here is who gets which version, how Intelligent UI works, and prompts to try today.

WHAT THIS ADDS

Most coverage leads with the model name. For a small business the useful part is Intelligent UI: you can ask ChatGPT for a quick price calculator, a side-by-side comparison or a bill splitter and use it right in the chat, without building a spreadsheet first. Treat those tools as a fast sketch: check the numbers, then copy the ones you trust into your real quote or invoice.

What changed

On October 7, 2026 OpenAI brought **GPT-6 with Intelligent UI** to the **Chat tab** in ChatGPT. Instead of answering every question with paragraphs, ChatGPT can now mix text, visuals and interactive pieces: side-by-side comparisons, diagrams, charts, tappable buttons, forms, and small tools you use right in the conversation, such as calculators, bill splitters and games.

It picks the format on its own, and it still gives a plain text answer when that is the most useful thing.

Who gets it (and which version)

Plan	Model in Chat	Rollout
Plus, Pro, Business, Enterprise	GPT-6 Sol	Started October 7, 2026
Free and Go	GPT-6 Luna	Starts October 8, 2026

- It is a rollout, so it may take a little while to reach your account.
- On Enterprise, availability depends on your workspace admin settings.
- Intelligent UI works from **Instant** through **Extra High** reasoning. The **Pro** reasoning option still uses GPT-6 Astra and does not support Intelligent UI.
- The models behind **Work** and **Codex** are not changing with this release. This is about the Chat tab.

How to use it

1. Open ChatGPT on the web or the app.
2. Stay in the **Chat** tab.

3. Just ask your question. ChatGPT decides whether a chart, a comparison, a tool or plain text fits best.
4. If you want a tool, say so. OpenAI's own examples include asking for a calculator to explore how savings could grow, a bill splitter for dinner with friends, or a game to play in the conversation.

There is no setting to switch on in OpenAI's announcement. If your plan has the update, you will see it in the Chat tab.

Prompts to try for your business

You want	Ask ChatGPT
A quick quote tool	Build me a price calculator: hours, hourly rate and materials, with the total at the bottom.
A decision	Compare these two software plans side by side: price, seats and what each is best for.
A team dinner	Make a bill splitter for \$124 with an 18% tip, and let me change the number of people.
A plan you can follow	Show my product launch week as a visual timeline, day by day.
A concept for a customer	Explain how compound interest works with an interactive example I can change.

These are example prompts, not quotes from OpenAI. The format you get back can vary, because the model chooses it.

It starts answering while it thinks

GPT-6 can begin answering while it is still thinking or using tools, then add more findings without another prompt. You can start reading before the full answer is ready.

OpenAI's numbers: for questions that need web search, **GPT-6 Instant starts answering 44% sooner**, on average, than GPT-5.6 Instant. In an internal test of everyday agentic tasks, GPT-6 Extra High began answering in the same time as GPT-5.6 Medium while scoring better overall than GPT-5.6 Extra High. These are OpenAI's internal evaluations.

Limits to know

- It is rolling out, so not every account has it on day one.
- The Pro reasoning option (GPT-6 Astra) does not support Intelligent UI.
- OpenAI says there is still work ahead to improve the model's design judgment and expand what it can create.
- A tool ChatGPT builds is only as right as its math. Check totals before you send a price to a customer.

DO THIS

Open ChatGPT, stay in the Chat tab and ask for something you would normally build in a spreadsheet: a price calculator, a side-by-side comparison or a bill splitter. Paid plans get GPT-6

Sol now; Free and Go get GPT-6 Luna from October 8. Check the numbers before you use them with a customer.

What Fynl.io is

One portal a small business runs itself on, instead of five subscriptions that do not talk to each other.

- A CRM and pipeline that shows every lead and where it stopped
- A calendar clients can book straight into
- Quotes, contracts and invoices, with deposits taken up front
- A website and form builder, so the enquiry lands in the same place
- Your Gmail connected, so the whole thread sits on the contact
- Automations for the follow-up you keep forgetting to send

The AI runs on **your own Claude or ChatGPT key** — no markup on it. No SMS or phone calls yet. \$49/month per business, \$149 Agency, and we move your contacts over for you.

When a ChatGPT calculator helps you work out a price, Fynl.io is where that price becomes a real quote and invoice, next to the lead it belongs to, and its AI runs on your own Claude or ChatGPT key with no markup.

Sources

- GPT-6 and Intelligent UI for everyone (OpenAI, Oct 7, 2026) — <https://openai.com/index/gpt-6-for-everyone/>
- ChatGPT release notes, October 7, 2026 (OpenAI Help Center) — <https://help.openai.com/en/articles/6825453-chatgpt-release-notes>